

## Cancer Resources

### Information and support - UK

Macmillan Cancer Support

[www.macmillan.org.uk](http://www.macmillan.org.uk)

Macmillan provides quality assured, up-to-date cancer information, written by specialists for patients, relatives and carers. They also provide grants for cancer patients in financial need and specialist cancer nurses.

Cancer Research UK

[www.cancerresearchuk.org](http://www.cancerresearchuk.org)

Provides information for cancer patients, families and friends.

Cancer Help UK

[www.cancerhelp.org.uk](http://www.cancerhelp.org.uk)

Cancer help is a free information service about cancer and cancer care, for people with cancer and their families provided by Cancer Research UK.

Marie Curie Cancer Care

[www.mariecurie.org.uk](http://www.mariecurie.org.uk)

A charity providing free care to cancer patients and their families.

Telling Children about Cancer

For guidance on how to talk to children about cancer see

[cancerresearchuk.org/how-do-i-tell-my-child-i-have-cancer](http://cancerresearchuk.org/how-do-i-tell-my-child-i-have-cancer) or

[www.macmillan.org.uk/Talkingtochildren](http://www.macmillan.org.uk/Talkingtochildren)

### National Organisations

Cancer Support – Scotland

<http://www.cancersupportscotland.org>

Offers information, support, education and care for cancer patients, their relatives and friends and professionals. Has a network of support groups throughout Scotland.

Tenovus- Wales

[www.tenovus.com](http://www.tenovus.com)

Welsh charity which provides support, information and education for cancer patients and their families.

Cancer Focus - Northern Ireland

<http://cancerfocusni.org/>

Support, research and campaigning charity in Northern Ireland providing one-to-one and group support for people with a cancer diagnosis and their family members. They offer a range of therapies and activities.

### Children and Young People

CLIC Sargent

[www.clicsargent.org.uk](http://www.clicsargent.org.uk)

A charity providing services for children and young people with cancer and their families. Belfast based organisation that provides support and information for cancer patients and their families as well as working for improved treatments.

RipRap

[www.riprap.org.uk](http://www.riprap.org.uk)

Riprap is a website that enables children and young people to share their experiences and thoughts about living with a parent with cancer.

Teenage Cancer Trust

[www.teenagecancertrust.org](http://www.teenagecancertrust.org)

Funds and organises support and information services for young people with cancer, their families, schools and health professionals. Establishes purpose-built Teenage Cancer Trust Units in hospitals.

## **Mental and physical wellbeing**

Cancer Counselling Trust

[www.cancercounselling.org.uk](http://www.cancercounselling.org.uk)

Offers face-to-face and telephone counselling sessions to cancer patients, their families and friends. Also offers support if a friend or relative has died of cancer. The Trust is staffed by a team of experienced cancer counsellors.

The Daisy Network (premature menopause support group)

[www.daisynetwork.org.uk](http://www.daisynetwork.org.uk)

A free and confidential service, which caters for people who have had the menopause as a result of surgery or of chemotherapy. Welcomes anyone who wishes to join/share experiences. Information packs available free.

Look good feel better

[www.lookgoodfeelbetter.co.uk](http://www.lookgoodfeelbetter.co.uk)

Is a charity funded by the UK cosmetics and toiletries industry, offering free support and guidance from beauticians to women living with cancer.

Maggie's Cancer Caring Services

[www.maggiescentres.org](http://www.maggiescentres.org)

Maggie's Centres provide practical, emotional and psychological support to anyone affected by cancer. Relaxation and stress management, support groups, information, advice on benefits and health living are also available.

Penny Brohn Cancer Care

<http://www.pennybrohncancercare.org/>

Helps people to live well with the impact of cancer through a combination of physical, emotional and spiritual support. Formally called The Bristol Cancer Help Centre.

## **Taking part in research**

Experimental Cancer Medicine Centre Network

<http://www.ecmcnetwork.org.uk/>

The aim of the ECMC Network is to develop new cancer treatments and tests that will benefit patients in the future. The site has information about how to take part.

MRC Clinical Trials Unit

[www.ctu.mrc.ac.uk](http://www.ctu.mrc.ac.uk)

Website listing all recent UK clinical trials relating to cancer, completed and ongoing.

## **Screening**

NHS Cancer Screening Programmes

[www.cancerscreening.nhs.uk/index.html](http://www.cancerscreening.nhs.uk/index.html)

This website provides excellent information about the UK NHS screening programmes and has links to other useful websites.